## Keys To Success Athletic Training

- 1. Never Stop Learning.
- 2. Formulate Your Own Toolbox.
- 3. Really GET to know your athletes and patients.
- 4. Formulate a plan for everything. Change is acceptable, just have a plan going in!
- 5. You will become more than ATC. (Like it or Leave)
- 6. Take "ME TIME".
- 7. The Answer is not always on page 656.
- 8. Be yourself and nothing More!
- 9. Respect the Path of the Profession.
- 10. Find a Mentor.....just one.
- 11. Treat every person you encounter with mutual respect and admiration.
- 12. Make the profession of Athletic Training known.
- 13. Find a Niche the Profession has opened up for you and run with it!
- 14. Enjoy the Ride! Love what you do.
- 15. Change is GOOD!